

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# OVERNIGHT CAMP Parent Guide

## YMCA CAMP COPNECONIC

10407 N. FENTON RD FENTON, MI 48430

WWW.CAMPCOPNECONIC.ORG **P** 810 629 9622 **F** 810 629 2128

# PARENT GUIDE TO OVERNIGHT CAMPS

### **DEAR PARENT/GUARDIAN,**

Thank you for enrolling your child in Overnight Camp. You have taken a very important step in helping your child develop to his or her full potential. Let us assure you that we will do everything possible to make your child's experience at camp a positive one. This guide will help you prepare your child for an exciting, safe, fun and adventurous experience. If you have any questions or concerns, please feel free to contact us.

### **CAMPER CONFIRMATION AND PAYMENT**

If the camp fee has not been paid in full, the balance is required three (3) weeks prior to session start date. Camp Copneconic accepts checks, money orders, cash, or credit card. Payments can be made online by logging into your Camp In Touch account. Returned checks are subject to a \$25 fee.

### **REFUND POLICY**

One-half the deposit is refundable up to 30 days prior to the session start date. Deposits are NON-REFUNDABLE after 30 days prior to the sesson start date.

Example: You paid the required deposit of \$150 for your child to attend the camp session starting June 18. if you need to cancel, you must call the camp. If you cancel before May 18, your refund will be \$75 (1/2 of the \$150 deposit). If you cancel after May 18, you are not able to receive any part of the \$150. Should a camper leave before the end of a session, there will be no refund of fees, except by direct authorization of the Executive Director.

### **HEALTH HISTORY and CAMPER RELEASE FORM**

The health form can be completed and submitted online from your Camp in Touch account. Please read, complete fully, sign, and return to camp at least three (3) weeks prior to camper's session start date. All information given on this form is CONFIDENTIAL. Contact the camp office if you'd like us to send you a paper form.

Please understand that your child will not be accepted at camp without a completed and signed form. Please note that you will be required to fill out a new health form for this summer, even if your camper attended camp in past years. You can quickly update any information by logging into your Camp In Touch account.

- Health History: Please be specific about the medication your child needs during their stay at camp.
   Medication should be sent in the original container with directions clearly marked. All prescription medications must have a pharmacy label with the camper's name, doctor's name, and correct directions for dispensing. ALL PRESCRIPTION AND OVER-THE-COUNTER MEDICATIONS WILL BE GIVEN TO THE CAMP HEALTH OFFICER AT TIME OF CHECK-IN. THIS INCLUDES EPI-PENS AND INHALERS.
- Authorized Grown Ups: Please include all persons (INCLUDING YOURSELF) that you are authorizing to pick up your child from Camp Copneconic at the end of the session or in case of an emergency arises where your child needs to leave camp. Photo ID is required for camper release. This can be updated on your child's Camp in Touch Account under "Authorized Grown Ups."
- Parent Notification: Parent or Guardian will be notified immediately by Health Officer or Camp Director if your child becomes ill or is injured at camp.

### FORMS CHECK LIST FOR CAMP

All Forms and final payments are due 3 weeks prior to your session. The list of required forms will be listed in your Camp In Touch account. You can complete most forms online. Paper forms can be obtained by logging into your Camp In Touch account, from the camp website or by calling the camp office and we'll drop them in the mail to you.

- Overnight Camp Health Form, Immunizations and Copy of Insurance Card
- Summer Food Program Form
- Authorized Grown Ups Don't forget to list yourself. This list is all who are allowed to pick your child up from camp.
- Authorization for Audio/Visual Records

### **CAMP BEHAVIOR REINFORCEMENT**

The staff at YMCA Camp Copneconic will work very hard to practice positive reinforcement as the primary focus for the camper behavior. In addressing those campers that are finding it difficult to follow camp rules and policies, the following steps will be put in place:

Note: Actions deemed harmful to oneself or another camper are subject to immediate dismissal.

- Step 1: Counselors will address behavior with the camper, helping the camper to understand the rules and take responsibility for changing the behavior.
- Step 2: Senior staff will meet with the camper to discuss and implement solutions.
- Step 3: The camper will meet the Camp Director. Parental contact and clear objectives will be established.
- Step 4: The camper will be removed from camp without a refund. A Parent or Guardian will be asked to pick up the camper from Camp Copneconic as soon as possible.

### **ARRIVAL AND DEPARTURE TIMES**

Campers are to arrive at Camp Copneconic on Sunday, the first day of the session, and check in at Camp Copneconic Lodge. Parents and campers meet with the Camp Health Officer to go over the returned health form, turn in all medications, and ask or answer any questions of the Health Officer. Upon completing check-in, a staff member will direct you and your child to their cabin to settle in and meet their counselors. PLEASE DO NOT BRING PETS TO CHECK-IN OR CHECK-OUT.

**SUNDAY ARRIVAL TIMES:** 

1:00-2:00 Campers with last names beginning with N-Z 2:00-3:00 Campers with last names beginning with A-M

FRIDAY DEPARTURE TIMES:

Ranch Camps Rodeo begins at 1:30 PM, check-out can be done during this time.

Overnight Camps Check out begins at 3:00 PM, Sideshow at 3:15 PM, Camper Pick Up at 3:30 PM.

- Prior arrangements must be made if camper needs to be picked up before 3:30 PM on Friday.
- Picture identification is required to check out campers. Please have available for verification.

### **CLOSING CEREMONY & ICE CREAM SUNDAE SOCIAL**

We invite all campers and families to join us for a closing ceremony and slideshow Friday afternoon starting at 3:00 PM. After the slideshow, check-out begins, as does our Ice Cream Sundae Social. We welcome all campers and families to join in on ice cream sundaes and commraderie.

### COPNECONIC T-SHIRTS, CARE PACKAGES, PHOTOS AND CAMP STORE

Camp Copneconic's store will be open Sundays 1:00 PM - 3:00 PM and Fridays 2:30 PM to 4:30 PM.

Please do not send any money with your child. Accounts can be set up for the trading post during your child's checkin, but no cash is accepted during the week. Camp t-shirts can be pre-ordered and must be picked up at the camp store during check-in. All camp care packages will be delivered on either Monday or Tuesday of your camper's session.

Cabin and all camp photos can be ordered at the time of registration, at check-in or at the camp store on the first day of the session.

### LETTERS FROM HOME

Please send letters to the address below. Mail is delivered to campers daily. If you are mailing by postal services, please consider the amount of time needed for delivery from your area. When letters and packages are delivered to camp after a camper returns home, they will be returned to sender. Packages & letters can be dropped off in the labeled mail bins on check-in day at the Welcome Center.

YMCA Camp Copneconic

attn: Camper's Name & Cabin Name 10407 N. Fenton Rd, Fenton, MI 48430

### **CAMPER EMAILS**

Camp Stamps are credits parents/guests can purchase and use to send one-way emails to their campers. Campers are not able to email back. Parents/Guests can add Camp Stamps to their account by clicking the link at the top the Email page on their child's Camp In Touch account. Unused Camp Stamps are non-refundable, however, they do carry over between seasons.

### **MEALS & DIETARY NEEDS**

Camp Copneconic serves a variety of menus to accommodate campers with dietary needs, restrictions and allergies. To ensure we keep our campers safe, we do not allow guests to bring food or snacks into the facility. Meals and snacks will be provided for your camper. If your camper has a specific dietary need, restriction or allergy please be sure to list that in the Health History Form. If you have any questions or concerns about meals or snacks being served while your child is at camp, please contact our Food Service Director, Judy Lucas at 810-629-1206 or judylucas@campcopneconic.org.

### **LOST AND FOUND**

Although Camp Copneconic assumes no responsibilities for lost articles, we make attempts to return all lost articles at the end of each camp day. At the conclusion of each camp week, items left behind will be placed in Lost and Found. Please make every effort to check the Lost and Found area before departing for home. If any items are not claimed within two weeks, they will be donated to charity.

### WHAT TO BRING, AND WHAT NOT TO BRING TO CAMP

Below is a list of suggested items to bring to camp. Prior to your child's arrival, please clearly mark your child's name on all items to prevent loss and help claim if lost. Children sometimes borrow, loan, exchange, forget, or find clothes and items from others. Our counselors will monitor this as best as possible but please understand that Camp Copneconic is not responsible for damaged or lost items.

### **BEDDING**

- Sleeping bag or twin sheets & Blankets
- Pillow & pillowcase

### **CLOTHING**

- Shorts, shirts, jeans, and other "camp" Clothes
- Two pairs of shoes suitable for walking (do NOT bring only sandals)
- Pajamas
- Warm jacket, sweater, or sweatshirt
- Rain gear (rain coat or poncho)
- Swimsuit (two suits if possible)
- Sandals or swim shoes

### **CIRCLE C RANCH AND HORSEMASTERS ONLY:**

- Boots or shoes with a 1/2 inch heel
- Full-length pants

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### **TOILETRIES**

- Toothbrush and toothpaste
- Soap & Shampoo
- Bath towels & Washcloth
- Beach Towel
- Comb or brush
- Insect repellent (non-aerosol preferred)
- Sunscreen (non-aerosol preferred)

### **GENERAL ITEMS**

- Flashlight
- Laundry bag or heavyweight plastic bag
- pre-stamped & Addressed envelopes, stationary, or postcards
- Camera (disposable recommended)
- White t-shirt for tie-dye
- Water bottle
- Costume for theme (optional)
- Medications (to turn in at check-in)

### WHAT NOT TO BRING

Please Do Not Bring: Pets/animals, money, cell phones, radios, ipods/mp3 players, food, candy, gum, matches, cigarettes, blow dryers, electrical equipment, fitbit, apple watch, personal sports equipment or electronic games. We cannot ensure their safety and such items disagree with the camp philosophy that all campers are equal. Thank you!

**WEAPONS OF ANY KIND**, including, but not limited to, guns/firearms, knives, and archery equipment, are strictly prohibited. We are a drug and alcohol free environment. If found, campers will be asked to leave camp immediately and authorities will be notified.

