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FOR HEALTHY LIVING
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YMCA CAMP COPNECONIC COVID-19 OPERATIONS GUIDE

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OVERVIEW

YMCA Camp Copneconic is committed to following best practices in mitigating risks associated with COVID 19. We take recommendations from the following agencies to shape our practices:

- The YMCA of the USA & The YMCA Camping Cabinet
- The American Camping Association
- The Michigan Department of Licensing and Regulatory Affairs (LARA)
- The Centers for Disease Control
- Genesee County Health Department

We will continue to update our policies and procedures as these organizations update their recommendations. Any changes will be communicated to staff and families. This guide was last updated 6/4/2021.

RECENT UPDATES

The CDC and State of Michigan have updated their guidance for Summer Camps. The following changes have been made to our policies since the last iteration of this guide. Read the entire guide to see all the changes.

- Overnight Camp cabins will be treated as a family cohort- this means that mask usage and physical distancing will not be required while these cohorts are not around other cohorts or in a shared indoors space such as the Dining Hall
- Overnight Campers who are fully vaccinated are exempt from the mandatory testing requirement before camp
- Day Camp and Overnight Camp mask usage has been updated.
 - o Overnight Camp masks will only be required in an indoor shared space or outdoors when physical distancing between cabins cannot be maintained
 - o Day Camp mask usage is now tied to the community spread level [as defined by the CDC](#)
 - When Genesee County is in "Substantial" or "High," campers will be required to wear masks for most of the day.
 - When Genesee County is in "Moderate" or "Low," campers will not be required to wear masks while outside.
 - Masks will be required while indoors, or while outside in a crowded setting or during activities that involve sustained close contact.

FAMILIES' ROLE IN RISK MITIGATION

For Camp Copneconic to operate as safely as possible, families will play a key role in risk mitigation. We ask all parents to help us be proactive in our approach to COVID-19 and maintain open communication. Before camp starts, parents can expect the following:

- Opportunity to contact Copneconic staff to discuss concerns or questions about attending camp with COVID mitigation strategies in place.
- An update on new screening procedures for campers and staff (in this guide)
- Opportunity to discuss with Copneconic staff any health concerns/conditions that may make their child at higher risk for complications if exposed to COVID-19. This will be done on the child's health form. We remind families that immunocompromised children and those with chronic health conditions should consult with their primary care provider regarding camp attendance.
- Immunizations are required to attend camp, and it is recommended that children should be up to date with current vaccination schedules to protect them from vaccine-preventable infectious disease outbreaks, including influenza. If vaccines have been delayed as a result of the stay-at-home order, families should have a plan with their child's medical provider for catch-up vaccinations in a timely manner.

OVERVIEW OF COVID-19 MITIGATION STRATEGIES

YMCA Camp Copneconic is committed to maintaining a safe and healthy environment for Summer Camp. To this end, we will follow these general guidelines to maintain safe operations:

- Camper Cohorting
 - o Campers will be put into smaller groups than previous summers.
 - o Cohorts will not change after the first day of camp- please ensure that groupmate requests are made before camp begins.
 - o Once in a group, campers will not mingle with other groups – activities such as free swim or camper’s choice will not take place in 2021, and will be replaced with cabin choice or cabin swim time.
 - o At Overnight Camp, cabin cohorts will be treated as a family group – this means that social distancing and mask usage will be relaxed while the cabin group is isolated from other cabins.
- Health and Temperature Screenings
 - o Campers and staff will be screened daily for COVID-19 symptoms and will have their temperatures checked.
- Pre-Camp Testing
 - o **OVERNIGHT CAMP ONLY**: Campers will be required to obtain a negative COVID-19 Screening between 3-5 days before the start of their camp session. Families must bring a paper copy of the negative test. Campers who are fully vaccinated are exempt from this testing requirement.
- Mask Wearing and Physical Distancing
 - o Anytime more than one cohort are sharing a space, at least 6’ distance will be **strictly** maintained.
 - o **Overnight Campers** and staff will wear cloth face coverings anytime they are in an indoor shared space. When outside, or in a non-shared indoor space (such as their cabin), Overnight Campers will not be required to wear a mask.
 - o **For Day Camp** mask usage, see the Day Camp section, below.
- Increased Cleaning & Sanitizing
 - o Camp has developed robust cleaning protocols to clean frequently touched surfaces at least daily.
 - o Camp will create a culture of hand hygiene amongst campers and staff.
- Modified Check-In and Check-Out Procedures
 - o When dropping off or picking up their campers, families will remain in their vehicle for the entire process. Campers will be escorted to and from the vehicle by camp staff.
- Grab and Go Meals
 - o Meals will be served individually packaged, and groups will eat outside when possible. Capacity in the dining hall will be reduced.

RESPONDING TO A POSSIBLE OR CONFIRMED CASE OF COVID-19

- Sick individuals will be immediately separated from all other campers and staff and either sent home or to a healthcare facility, depending on how severe their symptoms are.
- If a camper cannot be picked up immediately, they will be isolated in the Health and Wellness Center. Campers will remain under camp staff supervision until parents/guardians arrive.
- Sick individuals will wear a cloth face covering.
- Staff who begin to feel ill during camp will be sent home.
- If someone becomes symptomatic at camp, staff will contact the Genesee County Health Department to report exposure and determine next steps.
 - o The Health Department will provide guidance regarding how to determine who should be considered a close contact and who should be sent home.
 - o Campers determined by the Health Department to have been in close contact will not be allowed to stay at camp. They will be required to remain at home until they've received two negative COVID tests or 14 days have passed without symptoms.
 - o All campers and staff exhibiting COVID-like symptoms will be isolated in the Health and Wellness Center.
- If a camper, staff member, family member, or visitor to camp becomes ill, camp will contact the Genesee County Health Department and Michigan LARA for next steps.
- Staff and families are **required** to report to camp if they become symptomatic or receive positive COVID-19 test results.
- If an Overnight Camp staff member tests positive in a weekly scheduled rapid test:
 - o The staff member will immediately be isolated from campers and other staff
 - o The staff member will then obtain a PCR COVID test. If this test is negative, they may return to work. If it is positive, they will follow the protocol outlined in "Returning to Work"
 - o If the staff member is recovering from a confirmed case of COVID-19, they will be able to return to work when they meet all three of the following:
 - 10 days since symptoms first appeared AND
 - 24 hours with no fever without the use of fever-reducing medications AND
 - Other symptoms of COVID-19 are improving.
- Camp staff will notify parents if a camper in their child's cabin or group has a confirmed or suspected case of COVID-19 and will share as much information as possible without violating the privacy of the individual.
- If an individual in a shared area is identified with a positive test for COVID-19, leaves camp experiencing a fever greater than 100.4⁰, or demonstrates COVID-like symptoms, that area will be closed until it is cleaned and disinfected.

CONTACTING CAMP

Parents/Guardians should report possible illness to camp staff if anyone in their household shows symptoms or has tested positive for COVID-19. Please contact us **before bringing your child to camp** so that we can assess whether the child must remain isolated at camp.

To reach camp staff:

During Camp Hours (Monday-Friday, 8 AM – 5 PM):

810-629-9622 – ask for THOMAS

Outside Camp Hours

810-730-0229

Camp is required to have a Point of Contact Adult onsite during operations. This person is THOMAS BAWDEN. Thomas has a thorough understanding of the signs/symptoms of COVID-19, Camp's preparedness and response plan, and the Camp Health Service Policy. Thomas can be reached at the numbers listed above.

COVID-19 HEALTH SCREENING

Daily, camp staff will screen campers for COVID-19 symptoms. Family members dropping campers off are required to stay with their child until they've been cleared to stay. The Camp Director will monitor screening to ensure the following procedures are being followed.

CAMPER SCREENING

Staff will perform the following screenings:

- Temperature check
 - Campers with a 100.4° or higher fever will not be allowed to stay at camp.
 - Staff will wear gloves while conducting temperature screenings.
- Symptom Check
 - Camp staff will review a list of COVID symptoms with campers' families. Any campers exhibiting symptoms will not be allowed to stay at camp.
 - Camp staff will ask campers if they've felt unwell in the last 3 days and if they're feeling well today. Any campers exhibiting symptoms will not be allowed to stay at camp.
- Visual Check
 - Camp staff will perform a visual check of the camper for signs of illness, including:
 - Flushed cheeks
 - Rapid or difficulty breathing
 - Fatigue
 - Extreme fussiness
 - Campers exhibiting symptoms will not be allowed to stay at camp.
- Contact Check
 - Campers' families will be asked if their child has been in contact with a person who has or is suspected to have COVID-19. If they have, campers will not be allowed to stay at camp.
- Daily Checks at Overnight Camp
 - Overnight Campers will have a daily health check each morning. Here, counselors will ask campers if they've developed any symptoms of sickness. If a camper reports, or if a counselor notices any changes in behavior or health, the camper will be brought to the Health and Safety team for screening.

RETURNING TO CAMP

If a camper tests negative for COVID-19 or no testing was done:

If no testing was done:

- If a camper visits a healthcare provider and another cause is identified for the symptoms, the individual may return to camp once symptoms improve and they have been fever free for at least 24 hours without the use of medicine that reduces fevers.
- If a test is not done and another cause for symptoms is not identified, the individual should stay home until:
 - Has been fever-free for at least 24 hours without the use of medicine that reduces fevers **and**
 - Other symptoms have improved **and**
 - At least 10 days have passed since symptoms first appeared.

If a camper tests negative

- If a camper was not exposed to COVID-19, a camper may return to camp based on Camp's Health Service Policy
- If a camper was exposed to COVID-19 within the past 14 days, they may not return to camp until 14 days after their exposure, even with a negative test result.
- Campers 16 years and older who are fully vaccinated do not have to quarantine after exposure to COVID-19, provided they do not have symptoms.

STAFF SCREENING

Daily, Camp staff will perform self-checks before interacting with children. Their checks will include the following:

- Temperature Checks
 - Staff with a temperature above 100.4^o will not report to work, or will be required to leave work and remain off site.
- Symptom Checks
 - Staff demonstrating any COVID symptoms will not report to work, or will be required to leave work and remain off site.
- Contact Checks
 - Staff who have had close contact and/or live with any person having a confirmed COVID diagnosis or a person displaying COVID-19 symptoms will not report to work or will be required to leave work and remain off site.

RETURNING TO WORK

If a staff member does not feel well and/or feels ill:

- If symptoms are not directly consistent with COVID-19, staff will remain off site until they no longer have symptoms.
- If symptoms are consistent with CDC Symptoms of COVID 19:
 - Staff will remain off site and call their doctor or health department.
 - If they receive a positive COVID-19 test, they will follow their doctor's or health department's instructions for care and isolation and return to work instructions.
 - If they receive 2 negative tests 24 hours apart, they will stay off site until 3 days after their symptoms end, or follow their doctor's or health department's instructions
 - If staff do not contact their doctor:
 - Staff will remain off site and stay in quarantine for 10 days after symptoms began and 3 days after the resolution of their fever subsided and symptoms improved.

If a staff member is exposed to a known COVID-19 positive case:

- Staff will begin a mandatory 14-day quarantine
 - If they receive a negative COVID-19 test, they will continue 14 day quarantine and return to work 14 days after last exposure to confirmed case
 - If they receive a positive COVID-19 test, they will follow above instructions.
 - Quarantine is not required for staff members who are fully vaccinated and remain asymptomatic after an exposure to COVID-19. If a person is having symptoms, even if they are fully vaccinated, they should get tested and isolate.

If a staff member is exposed to a suspected COVID-19 Case

- Staff may remain working, but must self-monitor for symptoms. Isolation while working is recommended and a COVID-19 test is encouraged.
 - If the suspected case has a negative result, staff will report the results to the Y and remain working
 - If the suspected case has a positive result, staff will follow procedures for exposure to a known COVID-19 case.

PROCEDURES FOR PREVENTING DISEASE TRANSMISSION AT OVERNIGHT CAMP

CAMPER COHORTING

- Each cabin group will have no more than 10 campers and 2 staff, for a maximum of 12 people.
- Cabin groups that share a bathroom will be considered a cohort- these cohorts will contain no more than two cabins, for a total of no more than 24 people.
- Cohorts will not change after the first day of camp- please ensure that cabinmate requests are made before camp begins.
- These groups will remain a distinct cohort, maintaining physical distance from other groups.
- Cabins will remain together for all camp activities- from sleeping to eating to activities.
 - o Activities such as campers choice will be replaced with cabin choice. Campers will not mix with other cabins.
- There will be some activities where two cabins participate in an activity together- these will be limited to the two cabins that share a bathroom and are considered a cohort.
- Multi-cohort activities/programs such as campfires or evening activities will be in open air and utilizing physical distancing. At times they will be in smaller groups based on state guidance for group gathering sizes, while maintaining the exciting, expanded camp feel.
- Program planning will include reducing shared equipment and increasing sanitizing of program supplies.

HEALTH AND TEMPERATURE SCREENINGS

- Campers will be health screened before beginning the camp check-in process, as well as every morning before breakfast, staff will wear gloves while conducting temperature screenings.
- Staff will be health screened daily before reporting for work, or before breakfast for cabin counselors.
- Overnight Campers will have a daily health check each morning. Here, counselors will ask campers if they've developed any symptoms of sickness. If a camper reports, or if a counselor notices any changes in behavior or health, the camper will be brought to the Health and Safety team for screening.

PRE-CAMP TESTING

- Campers will be **required** to obtain a negative COVID-19 test 3-5 days before the first day of camp. Families must bring a paper copy of the negative results to check-in.
 - o For Session 1 (July 11-16), tests must be performed between **July 6th - 8th**.
 - o For Session 2 (July 18-23), Tests must be performed between **July 13th - 15th**.
 - o For Session 3 (August 8-13), tests must be performed between **August 3rd - 5th**.
 - o For Session 4 (August 15-20), tests must be performed between **August 10th - 12th**.
- If the camper is recovering from a confirmed case of COVID-19, they will be able to attend camp when they meet all three of the following:
 - o 10 days since symptoms first appeared AND
 - o 24 hours with no fever without the use of fever-reducing medications AND
 - o Other symptoms of COVID-19 are improving.

MASK WEARING AND PHYSICAL DISTANCING

| OVERNIGHT CAMP | Outdoors | Indoors |
|--|---|-----------------|
| Check In/Out | Masks | Masks |
| Activities w/ Cabin Cohort | No Masks | No Masks |
| Swimming | No Masks | N/A |
| In a shared space w/ other Cabin Cohorts | No Masks with 6' Physical Between Groups | Masks |
| Eating w/ Cabin Cohort | No Masks | No Masks |

INCREASED CLEANING AND SANITIZING

- All buildings and program areas will have increased cleaning and sanitization procedures depending on usage.
 - o Cabins will be cleaned daily by campers and counselors
 - o Bathrooms will be cleaned and sanitized daily by Camp Housekeeping Staff
 - o High-touch areas (lightswitches, door knobs, sink handles, etc) will be sanitized by both counselors and camp housekeeping staff
 - o The dining hall will be cleaned multiple times daily by Housekeeping Staff, Kitchen Staff, and Program Staff
 - o Program Areas will be cleaned by Program Staff as appropriate based on usage
- Campers and staff will have regular access to hand washing and/or sanitizing supplies. Additional handwashing and sanitation stations are being added to camp.
- Cabins will each have cleaning supplies for campers and staff to use when needed.
- All campers and staff will be encouraged to wash hands or sanitize before and after activities, meals and during transition times.
- Cabins will have increased circulation of outdoor air as much as possible by opening windows and using fans.

MODIFIED CHECK-IN AND CHECK-OUT PROCEDURES

- Check-in and check-out will consist of drive-thru with stations. Parents/guardians and non-campers will be asked to stay in vehicle.
- Parents/guardians and campers will be asked to wear face masks during the entire check-in and check-out.
- Staff members, additional signage and directional cones will guide cars through each point.
- **Full completion of paperwork before first day of Overnight Camp will be highly recommended to expedite** check-in process.

GRAB AND GO MEALS

- All meals will be prepared by Copneconic Kitchen Staff, then individually packaged for grab and go.
- Cohorts will be spread over multiple meal times.
- Campers will still eat with their cohort groups as has always been our tradition.
- Additional outdoor dining locations will be available, along with limiting capacity in the dining hall.
- Food options will consist of previous camp favorites and new options. Most items will be individually packaged or sealed and distributed by designated staff only.
- Grab and Go meals will still be able to serve the various dietary restrictions that we have served in previous years.
 - o For campers with special diets, be sure to note that on your camper's health form, and contact Tanya Sikorski, Food Service Director, at 810-629-1206.

OTHER CONSIDERATIONS

INCLEMENT WEATHER/EMERGENCIES

- Each group will have an assigned indoor space to utilize during inclement weather.
- For severe weather, when a tornado shelter is necessary, each group will have a designated area within the shelter area, where physical distancing will be possible.
- Camp's Emergency Action Plan has been modified so that each emergency plan can adhere as best as possible to the physical distancing and other COVID mitigation strategies.
- Campers will practice Tornado and Fire drills so that they understand how to respond in these situations.

PROCEDURES FOR PREVENTING DISEASE TRANSMISSION AT DAY CAMP

CAMPER COHORTING

- Each group will have no more than 10 campers and 2 staff, for a maximum of 12 people per group.
- Cohorts will not change after the first day of camp- please ensure that groupmate requests are made before camp begins.
- These groups will remain a distinct cohort, maintaining physical distance from other groups.
- Cohorts will remain together for all camp activities- from check-in, to eating and activities.
 - o Activities such as campers choice will be replaced with group choice. Campers will not mix with other groups.
- Multi-cohort activities/programs such as theme activities will be in open air and utilizing physical distancing. At times they will be in smaller groups based on state guidance for group gathering sizes, while maintaining the exciting, expanded camp feel.
- Program planning will include reducing shared equipment and increasing sanitizing of program supplies.

HEALTH AND TEMPERATURE SCREENINGS

- Screenings will take place every day before check-in at day camp at the first check-in station.
- Parent/guardian and campers will be asked to wear masks during screening process.
- A staff member will be checking temperatures of each camper attending camp that day, staff will wear gloves while conducting temperature screenings. Campers must have a temperature lower than 100.4 degrees.
 - o Campers with COVID Symptoms or a temperature over 100.4 will be required to leave camp and will follow procedures outlined in COVID-19 HEALTH SCREENING (p.6).
- A staff member will then review the current symptoms and contact questions with the camper and parent/guardian. All answers must be no for camper to be allowed to check-in.
 - o Campers with COVID Symptoms or a temperature over 100.4 will be required to leave camp and will follow procedures outlined in COVID-19 HEALTH SCREENING (p.6)

MASK WEARING AND PHYSICAL DISTANCING

- Mask usage at Day Camp will be tied to the Level of Community Transmission in Genesee County.
 - o To View Genesee County’s current Level of Community Transmission, visit the [CDC Website](#).
 - o While categorized as Low or Moderate Spread, campers will not be required to wear masks for most activities.

| DAY CAMP | Outdoors Substantial to High Spread* | Outdoors Low to Moderate Spread | Indoors |
|--|--|---|-----------------|
| Check In/Out | Masks | Masks | Masks |
| Single group Activities | Masks | No Masks | Masks |
| Activities w/ multiple groups or sustained close contact | Masks | Masks | Masks |
| Swimming | No Masks | No Masks | N/A |
| Eating w/ 6’ Physical Distancing | No Masks | No Masks | No Masks |
| Eating w/ 3’ Physical Distancing | No Masks | No Masks | N/A |

INCREASED CLEANING AND SANITIZING

- The Day Camp Office will be limited to the Camp Leadership Team and Health Officers, in addition to campers in need of First Aid. This space will be cleaned and sanitized daily by Program Staff.
- Day Camp Bathrooms will be cleaned daily by Housekeeping staff.
- Day Camp Changing Rooms will be cleaned between groups by campers and counselors.
- Program Areas will be cleaned by Program Staff as appropriate based on usage.
- Campers and staff will have regular access to hand washing and/or sanitizing supplies. Additional handwashing and sanitation stations are being added to camp.
- All campers and staff will be encouraged to wash hands or sanitize before and after activities, meals and during transition times.

MODIFIED CHECK-IN AND CHECK-OUT PROCEDURES

- Check-in and check-out will consist of drive-thru with stations. Parents/guardians and non-campers will be asked to stay in vehicle.
- Additional signage and directional cones will guide cars through each point.
- Full completion of paperwork before first day of day camp will be highly recommended to expedite check-in process.
- Staff, Parents/guardians and campers will be asked to wear face masks during the entire check-in and check-out.

GRAB AND GO MEALS

- All meals will be prepared by Copneconic Kitchen Staff, then individually packaged for grab and go.
- Cohorts will be spread over multiple meal times.
- Campers will still eat with their cohort groups as has always been our tradition.
- Additional outdoor dining locations will be available, along with limiting capacity in the dining hall.
 - o Where possible, and weather permitting, campers will eat outdoors
- Food options will consist of previous camp favorites and new options. Most items will be individually packaged or sealed and distributed by designated staff only.
- Grab and Go meals will still be able to serve the various dietary restrictions that we have served in previous years.
 - o For campers with special diets, be sure to note that on your camper's health form, and contact Tanya Sikorski, Food Service Director, at 810-629-1206.

OTHER CONSIDERATIONS

INCLEMENT WEATHER/EMERGENCIES

- Each group will have an assigned indoor space to utilize during inclement weather.
- For severe weather, when a tornado shelter is necessary, each group will have a designated area within the shelter area, where physical distancing will be possible.
- Camp's Emergency Action Plan has been modified so that each emergency plan can adhere as best as possible to the physical distancing and other COVID mitigation strategies.
- Campers will practice Tornado and Fire drills so that they understand how to respond in these situations.

PROCEDURES FOR PREVENTING DISEASE TRANSMISSION AT EQUESTRIAN PROGRAMS

In addition to mitigation strategies above, camp will take the following measures to reduce the spread of disease at Ranch Camps:

CAMPER COHORTING

- Each group will remain a distinct cohort, maintaining physical distance from other groups.
- Overnight Ranch Cabins will have no more than 8 campers and 2 staff, for a maximum of 10 people. There will be no more than 2 Overnight Camp Ranch groups total.
- Day Camp Ranch Programs will have no more than 10 campers and 2 staff, for a maximum of 12 people. There will be no more than 2 Day Camp Ranch groups total.
- The Ranch Cabins/Groups will be set based on campers' ages. These groups will then be divided into smaller groups based on riding ability for Ranch activities.
- Multi-cohort activities/programs will be in open air and utilizing physical distancing. At times they will be in smaller groups based on state guidance for group gathering sizes, while maintaining the exciting, expanded camp feel.

HEALTH AND TEMPERATURE SCREENINGS

- Equestrian campers will follow day and overnight camp procedures.

MASK WEARING AND PHYSICAL DISTANCING

- Equestrian campers will follow day and overnight camp procedures, in addition to the following:
- During arena lessons and trail rides, campers will wear masks if the staff assisting them are not fully vaccinated. Campers will be allowed to remove masks once socially distanced. Staff who are not fully vaccinated will remain in masks while assisting campers in arena lessons.

INCREASED CLEANING AND SANITIZING

- Shared areas in the Circle C Barn will be cleaned daily by Ranch Staff.
- During equestrian programming campers will be assigned a helmet for the week and cleaned at the end of the day and deep cleaned at the end of the week.
- Shared group equipment will be cleaned daily by Ranch Staff.

MODIFIED CHECK-IN AND CHECK-OUT PROCEDURES

- Equestrian campers will follow day and overnight camp procedures.

GRAB AND GO MEALS

- Equestrian campers will follow day and overnight camp procedures.

OTHER CONSIDERATIONS

INCLEMENT WEATHER/EMERGENCIES

- Equestrian campers will follow day and overnight camp procedures.