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YMCA CAMP COPNECONIC

COVID-19 OPERATIONS GUIDE

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OVERVIEW

YMCA Camp Copneconic is committed to following best practices in mitigating risks associated with COVID 19. We take recommendations from the following agencies to shape our practices:

- The YMCA of the USA & The YMCA Camping Cabinet
- The American Camping Association
- The Michigan Department of Licensing and Regulatory Affairs (LARA)
- The Centers for Disease Control
- Genesee County Health Department

We will continue to update our policies and procedures as these organizations update their recommendations. Any changes will be communicated to staff and families. This guide was last updated 5/17/2022.

2022 UPDATES

The CDC and State of Michigan have updated their guidance for Summer Camps since 2021. The following changes have been made for Summer 2022:

- Cohorting
 - Camper cohorts have been increased to 50 people, allowing for some larger group activities, such as Free Swim or Camper's Choice.
- Pre-Camp Testing (Overnight Camp Only)
 - Families are now welcome to perform a COVID-19 test at home
- Mask Wearing & Physical Distancing
 - Masks will be optional for campers if the Community Level for Genesee County is in the Low to Moderate range. If the Community Level is High, masks will be required when campers are in an indoor shared space.
- Check-in and Check-out procedures
 - Check-in for both Day and Overnight camp will still take place as a drive-through. Families will remain in their vehicles and only campers will exit. Check-out will now require families to exit their vehicles. The Closing Ceremonies on Fridays will return for Overnight camp.
- Meals
 - Meals will be served buffet style rather than individual packaged.

FAMILIES' ROLE IN RISK MITIGATION

For Camp Copneconic to operate as safely as possible, families will play a key role in risk mitigation. We ask all parents to help us be proactive in our approach to COVID-19 and maintain open communication. Before camp starts, parents can expect the following:

- Opportunity to contact Copneconic staff to discuss concerns or questions about attending camp with COVID mitigation strategies in place.
- An update on new screening procedures for campers and staff (in this guide)
- Opportunity to discuss with Copneconic staff any health concerns/conditions that may make their child at higher risk for complications if exposed to COVID-19. This will be done on the child's health form. We remind families that immunocompromised children and those with chronic health conditions should consult with their primary care provider regarding camp attendance.
- Immunizations are required to attend camp, and it is recommended that children should be up to date with current vaccination schedules to protect them from vaccine-preventable infectious disease outbreaks, including influenza. If vaccines have been delayed as a result of the stay-at-home order, families should have a plan with their child's medical provider for catch-up vaccinations in a timely manner.

OVERVIEW OF COVID-19 MITIGATION STRATEGIES

YMCA Camp Copneconic is committed to maintaining a safe and healthy environment for Summer Camp. To this end, we will follow these general guidelines to maintain safe operations:

- Camper Cohorting
 - Campers will be placed in cabins with up to 12 total people
 - Cohorts will be increased to up to 50 campers, allowing for some multi-cabin activities such as free swim and camper's choice
- Health and Temperature Screenings
 - Overnight Campers will conduct daily health checks, and Day Campers will be screened daily for COVID-19 symptoms and will have their temperatures checked
- Pre-Camp Testing
 - **OVERNIGHT CAMP ONLY:** Campers will be required to obtain a negative COVID-19 screening within 5 days prior to the start of their camp session. Families must provide proof of a negative test, which can be administered at home. Campers who are up-to-date on COVID-19 vaccinations are exempt from this testing requirement.
- Mask Wearing and Physical Distancing
 - Anytime more than one cohort is sharing a space, physical distance will be maintained.
 - Masks will be optional for campers if the Community Level for Genesee County is in the Low to Moderate range. If Community Level is High, masks will be required when campers are in an indoor shared space.
- Increased Cleaning & Sanitizing (**No Proposed Changes**)
 - Camp has developed robust cleaning protocols to clean frequently touched surfaces at least daily.
 - Camp will create a culture of hand hygiene amongst campers and staff.
- Modified Check-In and Check-Out Procedures
 - Families will remain in their vehicle while checking in their campers. Check-Out will require families to exit their vehicles. More information on check-in and check-out are available in the Parent Guide.
- Meals at Camp
 - Meals will be served buffet style. One cohort at a time will go through the buffet line. The dining hall will be set-up in a manner which allows for extra physical distancing between cohorts.

RESPONDING TO A POSSIBLE OR CONFIRMED CASE OF COVID-19

- Sick individuals will be immediately separated from all other campers and staff and either sent home or to a healthcare facility, depending on how severe their symptoms are.
- If a camper cannot be picked up immediately, they will be isolated in the Health and Wellness Center. Campers will remain under camp staff supervision until parents/guardians arrive.
- Sick individuals will wear a cloth face covering.
- Staff who begin to feel ill during camp will be sent home or isolate on camp.
- Camp will follow [CDC guidance on Quarantine and Isolation](#) when someone is exposed or tests positive for COVID.
- Camp staff will notify parents if a camper in their child's cabin or group has a confirmed or suspected case of COVID-19 and will share as much information as possible without violating the privacy of the individual.
- If an individual in a shared area is identified with a positive test for COVID-19, leaves camp experiencing a fever greater than 100.4^o, or demonstrates COVID-like symptoms, that area will be closed until it is cleaned and disinfected.

CONTACTING CAMP

- Parents/Guardians should report possible illness to camp staff if anyone in their household shows symptoms or has tested positive for COVID-19. Please contact us before bringing your child to camp so that we can assess whether the child must remain isolated at camp.
 - To reach camp staff:
 - During Camp Hours (Monday-Friday, 8 AM – 5 PM):
 - 810-629-9622
 - Outside Camp Hours
 - 810-730-0229
- Camp is required to have a Point of Contact Adult onsite during operations. This person is THOMAS BAWDEN. Thomas has a thorough understanding of the signs/symptoms of COVID-19, Camp's preparedness and response plan, and the Camp Health Service Policy. Thomas can be reached at the numbers listed above.

COVID-19 HEALTH SCREENING

Daily, camp staff will screen campers for COVID-19 symptoms. Family members dropping campers off are required to stay with their child until they've been cleared to stay. The Camp Director will monitor screening to ensure the following procedures are being followed.

CAMPER SCREENING

Staff will perform the following screenings:

- Temperature check
 - Campers with a 100.4° or higher fever will not be allowed to stay at camp.
- Symptom Check
 - Camp staff will review a list of COVID symptoms with campers' families. Any campers exhibiting symptoms without an alternate diagnosis and doctor's clearance to be around other children will not be allowed to stay at camp.
 - Camp staff will ask campers if they've felt unwell in the last 3 days and if they're feeling well today. Any campers exhibiting symptoms will not be allowed to stay at camp.
- Visual Check
 - Camp staff will perform a visual check of the camper for signs of illness, including:
 - Flushed cheeks
 - Rapid or difficulty breathing
 - Fatigue
 - Extreme fussiness
 - Campers exhibiting symptoms without an alternate diagnosis and doctor's clearance to be around other children will not be allowed to stay at camp.
- Contact Check
 - Campers' families will be asked if their child has been in contact with a person who has or is suspected to have COVID-19. If they have, camp will follow [CDC guidance on Quarantine and Isolation](#).
- Daily Checks at Overnight Camp
 - Overnight Campers will have a daily health check each morning. Here, counselors will ask campers if they've developed any symptoms of sickness. If a camper reports, or if a counselor notices any changes in behavior or health, the camper will be brought to the Health and Safety team for screening.

RETURNING TO CAMP

- Camp will follow [CDC Guidance on Quarantine and Isolation](#) for campers and Staff at both Day and Overnight Camp. A summary of this guidance is on the following pages for people with COVID 19, or people exposed to someone with COVID-19.

Recommendations for People with COVID-19

- Have you tested positive for COVID-19 or have mild symptoms and are waiting for test results?

Here's What To Do:

Isolate. Stay at home for at least 5 days.*



To keep others safe in your home, wear a mask, stay in a separate room and use a separate bathroom if you can.



Do not travel for 10 days.



If you can't wear a mask, stay home and away from other people for **10 days**.



To calculate the recommended time frames, **day 0** is the day you were tested if you don't have symptoms, or the date your symptoms started.



Contact your healthcare provider to discuss your test results and available treatment options. Watch for symptoms, especially fever. If you have an [emergency warning sign](#), such as trouble breathing or persistent chest pain or pressure, seek emergency medical care immediately.



Day 6: Do a self-check. How are you feeling?

You could have loss of taste or smell for weeks or months after you feel better. These symptoms should not delay the end of isolation.



No symptoms or symptoms improving. No fever without fever-reducing medication for 24 hours: You can leave isolation. Keep wearing a mask around other people at home and in public for **5 more days** (days 6-10).



Symptoms not improving and/or still have fever: Continue to stay home until 24 hours after your fever stops without using fever-reducing medication and your symptoms have improved.



After you feel completely better, keep wearing a mask around other people at home and in public through **day 10**.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

*If you are [moderately or severely ill](#) (including being hospitalized or requiring intensive care or ventilation support) or [immunocompromised](#), please talk to your healthcare provider about when you can [end isolation](#). Please refer to [COVID-19 Quarantine and Isolation](#) for guidance on isolation in healthcare settings and high risk congregate settings (such as correctional and detention facilities, homeless shelters, or cruise ships).

Recommendations for COVID-19 Close Contacts

Have you been in close contact with someone who has COVID-19? You were a close contact if you were less than 6 feet away from someone with COVID-19 for a total of 15 minutes or more over a 24-hour period ([excluding K-12 settings](#)).

Here's What To Do:



Protect Others

Take these steps to keep others safe.



Quarantine if you are not up to date with COVID-19 vaccines or didn't have COVID-19 in the past 90 days. Stay home and away from other people for at least **5 days**.

If you are up to date or had COVID-19 in the past 90 days you do not have to quarantine.



Avoid travel through day 10.



Wear a mask around other people for **10 days**.



Watch for symptoms of COVID-19 for **10 days**.

Up to date means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible.



To calculate the recommended time frames, **day 0** is the date you last had close contact to someone with COVID-19.



If you can't wear a mask, **stay home** (quarantine) and away from other people, and do not travel for **10 days**.



Get Tested

Get a COVID-19 test on or after **day 5** or if you have **symptoms**.

People who had COVID-19 in the past 90 days should only get tested if they develop symptoms.



You tested **negative**. You can leave your home.



Keep **wearing a mask** in public and when traveling through **day 10**.



You tested **positive** or have **symptoms**.



Isolate away from other people. Stay home for at least **5 days** and follow steps for [isolation](#).



Do not travel for 10 days.

If you are unable to get tested, you can leave your home after **day 5** if you have not had symptoms. Keep wearing a mask in public and avoid travel through **day 10**.



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Please refer to [COVID-19 Quarantine and Isolation](#) for guidance on quarantine in healthcare settings and high risk congregate settings (such as correctional and detention facilities, homeless shelters, or cruise ships).

PROCEDURES FOR PREVENTING DISEASE TRANSMISSION AT OVERNIGHT CAMP

CAMPER COHORTING

- Each cabin group will have no more than 10 campers and 2 staff, for a maximum of 12 people.
- Cabins will be grouped together forming cohorts of no more than 50 people.
- Cohorts will not change after the first day of camp- please ensure that cabinmate requests are made before camp begins.
- These groups will remain a distinct cohort, maintaining physical distance from other groups.
- Multi-cohort activities/programs such as campfires or evening activities will be in open air and utilizing physical distancing between cohorts. At times they will be in smaller groups based on state guidance for group gathering sizes, while maintaining the exciting, expanded camp feel.

HEALTH AND TEMPERATURE SCREENINGS

- Campers will be health screened before beginning the camp check-in process, as well as every morning before breakfast. Staff will be health screened daily before reporting for work, or before breakfast for cabin counselors.
- Overnight Campers will have a daily health check each morning. Here, counselors will ask campers if they've developed any symptoms of sickness. If a camper reports, or if a counselor notices any changes in behavior or health, the camper will be brought to the Health and Safety team for screening.

PRE-CAMP TESTING

- Campers will be **required** to obtain a negative COVID-19 test 3-5 days before the first day of camp. Families must bring a paper copy of the negative results to check-in.
- If the camper is recovering from a confirmed case of COVID-19, they will be able to attend camp as outlined by the [CDC Guidance on Quarantine and Isolation](#).

MASK WEARING AND PHYSICAL DISTANCING

- Anytime more than one cohort is sharing a space, physical distance will be maintained.
- Masks will be optional for campers if the Community Level for Genesee County is in the Low to Moderate range. If Community Level is High, masks will be required when campers are in an indoor shared space.
- Campers who prefer to wear a mask will be supported by camp staff and their fellow campers.

INCREASED CLEANING AND SANITIZING

- All buildings and program areas will have increased cleaning and sanitization procedures depending on usage.
 - o Cabins will be cleaned daily by campers and counselors
 - o Bathrooms will be cleaned and sanitized daily by Camp Housekeeping Staff
 - o High-touch areas (lightswitches, door knobs, sink handles, etc) will be sanitized by both counselors and camp housekeeping staff
 - o The dining hall will be cleaned multiple times daily by Housekeeping Staff, Kitchen Staff, and Program Staff
 - o Program Areas will be cleaned by Program Staff as appropriate based on usage
- Campers and staff will have regular access to hand washing and/or sanitizing supplies. Additional handwashing and sanitation stations are being added to camp.
- Cabins will each have cleaning supplies for campers and staff to use when needed.
- All campers and staff will be encouraged to wash hands or sanitize before and after activities, meals and during transition times.
- Cabins will have increased circulation of outdoor air as much as possible by opening windows and using fans.

MODIFIED CHECK-IN AND CHECK-OUT PROCEDURES

- Check-in will consist of a drive-thru with stations. Parents/guardians and non-campers will be asked to stay in vehicle.
- Check-out will require families to exit their vehicle.
- Staff members, additional signage and directional cones will guide cars through each point.
- Full completion of paperwork before first day of Overnight Camp will be highly recommended to expedite check-in process.
- Review the [Overnight Camp Parent Guide](#) for more information on check-in and check-out.

CAMP MEALS

- All meals will be prepared by Copneconic Kitchen Staff and served buffet-style.
- One cohort at a time will go through the buffet line.
- Campers will still eat with their cohort groups as has always been our tradition.
- Additional outdoor dining locations will be available, along with limiting capacity in the dining hall.
- For campers with special diets, be sure to note that on your camper's health form, and contact Tanya Sikorski, Food Service Director, at 810-629-1206.

OTHER CONSIDERATIONS

INCLEMENT WEATHER/EMERGENCIES

- Each group will have an assigned indoor space to utilize during inclement weather.
- For severe weather, when a tornado shelter is necessary, each group will have a designated area within the shelter area, where physical distancing will be possible.
- Camp's Emergency Action Plan has been modified so that each emergency plan can adhere as best as possible to the physical distancing and other COVID mitigation strategies.
- Campers will practice Tornado and Fire drills so that they understand how to respond in these situations.

PROCEDURES FOR PREVENTING DISEASE TRANSMISSION AT DAY CAMP

CAMPER COHORTING

- Each Day Camp group will have no more than 12 campers and 2 staff, for a maximum of 14 people.
- Groups will be grouped together forming cohorts of no more than 50 people.
- Cohorts will not change after the first day of camp- please ensure that group mate requests are made before camp begins.
- These groups will remain a distinct cohort, maintaining physical distance from other groups.
- Multi-cohort activities/programs such as campfires or all-camp activities will be in open air and utilizing physical distancing between cohorts. At times they will be in smaller groups based on state guidance for group gathering sizes, while maintaining the exciting, expanded camp feel.

HEALTH AND TEMPERATURE SCREENINGS

- Screenings will take place every day before check-in at day camp at the first check-in station.
- Parent/guardian and campers will be asked to wear masks during screening process.
- A staff member will be checking temperatures of each camper attending camp that day, campers must have a temperature lower than 100.4 degrees.
 - o Campers with COVID Symptoms or a temperature over 100.4 will be required to leave camp and will follow procedures outlined in COVID-19 HEALTH SCREENING.
- A staff member will then review the current symptoms and contact questions with the camper and parent/guardian. All answers must be no for camper to be allowed to check-in.
 - o Campers with COVID Symptoms or a temperature over 100.4 will be required to leave camp and will follow procedures outlined in COVID-19 HEALTH SCREENING.

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 - o Program Areas will be cleaned by Program Staff as appropriate based on usage
- Campers and staff will have regular access to hand washing and/or sanitizing supplies. Additional handwashing and sanitation stations are being added to camp.
- All campers and staff will be encouraged to wash hands or sanitize before and after activities, meals and during transition times.

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- Check-in will consist of a drive-thru with stations. Parents/guardians and non-campers will be asked to stay in vehicle.
- Check-out will require families to exit their vehicle.
- Staff members, additional signage and directional cones will guide cars through each point.
- Full completion of paperwork before first day of Overnight Camp will be highly recommended to expedite check-in process.
- Review the [Day Camp Parent Guide](#) for more information on check-in and check-out.

CAMP MEALS

- All meals will be prepared by Copneconic Kitchen Staff and served buffet-style.
- One cohort at a time will go through the buffet line.
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